

The Orthopedic Center

EQUIPMENT

Below is a list of equipment you might encounter while you are in the hospital to help in your recovery.



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IV

Prior to surgery, an IV will be inserted into a vein in your hand or arm in order to administer fluids and medications throughout your hospital stay.



FOLEY CATHETER

A foley catheter will be inserted in your bladder during surgery in order to drain urine. It is necessary to carefully measure urine output. The catheter also accommodates mobility issues after surgery so that you do not have to get in and out of bed frequently. The catheter is typically removed the morning after surgery.



SEQUENTIAL COMPRESSION DEVICES (SCD'S)

These are sleeves that will be wrapped around your calves and attached to a compression pump. They gently massage your calves to keep fluid in your legs pumping toward your heart to reduce your chances of getting a blood clot. They are easily removed for therapy.



COMPRESSION HOSE (TED hose)

These are stockings that may be applied to your legs to help prevent blood clots. Your doctor will determine if you need them and how long you should wear them (typically 1-2 months after your surgery).



BEDSIDE COMMODE (OR 3-IN-1)

This elevated toilet seat will be kept close to your bed to assist with your elimination needs. Your nurses and therapists will teach you how to move safely on and off of the toilet. If needed, one can be arranged for your recovery at home to help you be more independent and safe.



ROLLING WALKER

This will help you become more mobile by allowing you to balance and displace weight off of your operative leg and into your arms. You will continue to use a walker (or other assistive device) when you leave the hospital.



CONTINUOUS PASSIVE MOTION (CPM) MACHINE

This device may be used if you are having a total knee replacement. It may be applied the day of surgery and moves your leg back and forth to help reduce swelling and increase range of motion in your knee. It will be placed on your leg three times a day for 2 hour sessions. The machine will be adjusted and fitted to you for comfort.



INCENTIVE SPIROMETER

You will be instructed on breathing into the device 10 times per hour (while awake). This device helps lungs expand after surgery to decrease your chances of getting any respiratory complications after surgery (prevents pneumonia, fever).



COLD THERAPY

This ice pack will be applied post-operatively if you are having knee surgery. The cooler holds ice water that circulates through a pad applied to the knee to keep it cold. The cold therapy reduces pain and swelling at the surgical site. The staff will keep it filled with ice. It will be yours to take home at discharge.



TRAPEZE

This is a metal bed frame that may be mounted above your bed to assist you with bed mobility.



KNEE IMMOBILIZER

The immobilizer may be applied to the operative leg if you are having a total hip replacement in order to maintain hip precautions (preventing leg movements that may cause your hip to dislocate following surgery). Your doctor will determine if it needs to be on at all times or only while in bed.



PATIENT CONTROLLED ANALGESIA (PCA PUMP)

This may be applied post operatively if you are having knee surgery. It holds pain medication that is delivered directly to the nerve that controls your knee. It allows you to manage the amount and when you receive pain medication. Since it is placed directly onto the nerve, and not in the IV, it should not cause drowsiness. It may affect the muscle control of your leg. Always ask for help to get out of bed.