FOR IMMEDIATE RELEASE

Women & Stroke the Topic
At the Women’s Power Lunch

LUKFIN, TEXAS (November 16, 2009)… With stroke being the third leading cause of death in America and the leading cause of disability, many East Texas women want to know more about this disease. The Women’s Power Lunch at Memorial Health System of East Texas and Suzanne Monsour, Program Administrator for the East Texas Stroke Initiative, are providing area women education on prevention, symptoms, treatment and rehabilitation for stroke.

The monthly Women’s Power Lunch is scheduled for Thursday, November 19 from noon to 1:00 p.m. in the Medical Staff Meeting Room at Memorial Health System of East Texas.

Suzanne Monsour is the Project Manager/Program Administrator for the East Texas Stroke Initiative, a partnership between The Methodist Hospital in Houston, and Memorial Health System of East Texas. This partnership is funded by a $5.8 million grant by the TLL Temple Foundation. Monsour has a Master’s degree in Public Administration from the University of Pittsburgh’s School of Public and International Affairs, and a Bachelor’s degree from Seton Hill University. She is married to Dr. Howard Monsour Jr. and is the mother of three boys.

The Women’s Power Lunch is an information-sharing forum that gives women the power to take control of their health. The luncheon is designed to educate women on a variety of health-related topics in a fun and relaxing atmosphere.

“Memorial recognizes that women tend to put themselves and their health on hold. We want to change that behavior and encourage women to take control of their lives,” said Yana Ogletree, director of marketing and public relations for Memorial. Happy Holidays is the remaining topic for the year.
Women who are interested in attending the event are asked to RSVP by contacting Melissa Wheeler at 936-631-3099 or melissa.wheeler@memorialhealth.org.

**About Memorial Health System of East Texas**

As the largest health care system in the deep East Texas area, Memorial Health System of East Texas is a private, not-for-profit hospital that provides care to almost a quarter of a million patients each year. Since its inception in 1949, Memorial Health System has paved the way for quality, innovative health care in East Texas. In fact, Memorial consistently ranks among the nation’s best for exceptional health care and patient satisfaction.

Memorial Health System of East Texas is comprised of four hospitals—Memorial Medical Center—Lufkin, Memorial Medical Center—Livingston, Memorial Medical Center—San Augustine, and Memorial Specialty Hospital, the only rural long-term acute care facility within the area. Memorial offers a wide array of services, including the newly renovated Arthur Temple, Sr. Regional Cancer Center, which has earned another three-year accreditation with commendation from the Commission on Cancer. Additionally, Memorial is a regional cardiac care center affiliated with the Methodist-DeBakey Heart Center in Houston. The hospital also is known for providing the area’s only comprehensive diabetes center—The Horace C. Polk Regional Diabetes Center. Other centers of excellence include the Temple Imaging Center that offers some of the most advanced procedures in the area, including PET/CT scanning for cancer and Alzheimer’s, 64 Slice CT scanning, Open Bore MRI, 4D Ultrasound, and digital mammography. Other specialty areas include Orthopedic care, Women’s Services, Inpatient and Outpatient Rehabilitation, Homecare, Wound and Hyperbaric Therapy, Kidney & Diabetes Treatment, Sleep Disorders Treatment, and Express Lab. Memorial Health System of East Texas—founded and funded by the people it serves.